

INT09 Sustainable Nutrition

Module	Sustainable Nutrition							
Code	INT09							
Coordinator	Prof. Dr. A. Ploeger							
Language	English							
Stud. Workload	180h (68h contact time)							
Credits	6 ECTS							
Frequency (WS/SS)	WS							
Instructors	Prof. Dr. A. Ploeger, NN							
Contents	Analysis of international food systems and food consumption patterns; the role of food for human health, environment and social parameters; instruments to measure the influence of different food systems on natural resources; case studies for sustainable food systems.							
Objectives	Students are able to (i) describe the role of nutrition for human health and a sustainable development; (ii) describe the influence of nutrition (from farm to fork) on environmental parameters (soil, water, atmosphere, biodiversity); (iii) understand tools to measure food habits; (iv) understand tools to measure "sustainability" in nutrition regimes; (v) are able to write and give oral presentations in a team.							
Literature	Will be provided via the system2teach platform							
Study system usability	Economy		Organic		Tropical			
	E		M		E			
Entrance requirements	Basic knowledge on biochemistry, statistics and environmental issues							
Instruction type	Lecture	Seminar	Excursion	Practice	Tutorial	Project		
Duration [contact h]		60	8					
Examination type	Oral test	Written test	Homework	Sem. speech	Protocol	Work report	Proj. report	Proj. pres.
			x	x				
Grade composition	50% homework, 50% seminar speech.							