Building Your Global Career

Virtual Expert Talk by Dr. Joann Halpern

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Fixed Mindset vs. Growth Mindset

- Dweck (2007): Mindset: The New Psychology of Success
- Needed for personal + career growth
- Growth Mindset: effort leads to success
- Fixed Mindset: talent leads to success

Working outside of your comfort zone

- Career and personal growth = outside comfort zone
- Expand your comfort zone + competencies
- Failure ≠ bad = learning effect

Benefits of Networking (globally)

- "Informal interviews" to gather information on job positions, internship possibilities…
- Helping you before career moves
- Open new opportunities (collaborations, journals, events, committees etc.)
- Enhances visibility
- Follow your purpose
- New perspectives, information, references etc.
- Enhances "well-being"
  - Support in daily activities
  - Financial Advice, Lifestyle Advice
  - Emotional support

Using (international) experience to enhance your career

- Voluntary work in an area you are passionate about
- Patience, Perseverance + Flexibility
  - Burnett and Evans(2016): Designing your Life – Odyssey Plan
- Developing your competencies during your time at university
  - Learning languages: university courses, int. friendships, travel
  - Studying/working abroad through university, scholarships or companies

Personal Board of Directors

- *Step 1*: Identify your Purpose
- *Step 2*: Analyse your Network systematically
- *Step 3*: Develop your Networkfollowing your mission
- *Step 4*: Nurture/ Maintain your Network
- Resourceful, trustworthy people from your personal, academic and professional environment
  - Mutual: helping each other out, use your network to grow it
  - Important: communicating and respecting personal boundaries
- Career + Life Support
  - Mentorship, Skills Training, Access to other Professionals

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